

THUASNE

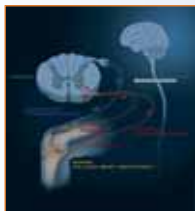
SPORT



THUASNE
SPORT



Compression range



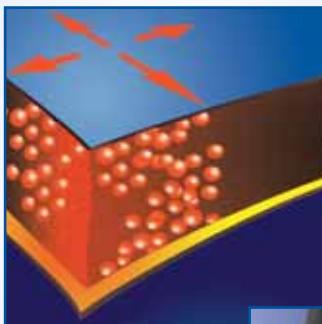
What is proprioception?

The proprioceptive system is a reflex system. It triggers muscle contractions by supplying the nervous system with information on the position of the joints in space and the stresses to which they are subjected. It consists of sensory sensors located in the skin, ligaments and joint capsule.

Products in the "Compression" range combine Thuasne's technical expertise with the principle of medical compression. They improve the muscles' responses in the event of a situation in which the joint is put at risk.



Compression + range



Heat application and muscle exertion

Heat has long been used as a physical treatment for the prevention of muscle pain.

Changes in body temperature lead to dilation of the blood vessels, increasing circulatory flow in the region considered and hence improving local metabolic conditions. The application of heat throughout exertion improves muscle performance and therefore reduces the risk of cramps. The warm-up is an essential step for all athletes and sportsmen/women.

Strapping range

What is strapping?

Strapping consists in applying areas of ligament reinforcement, supported by bony parts. The strapping straps provide quantified elastic correction, limiting the flexion or extension range while at the same time respecting the joint's natural movements. All movements are permitted and secured.

Strapping is therefore particularly recommended for athletes and sportsmen/women when resuming their sports activities or to prevent injury.



Stabilisation range

Displacement and speed

To allow various movements and displacements in all directions, our joints perform combined rotation, flexion/extension and translation movements.

During sports activities, these complex movements are combined with periods of acceleration and sudden braking. These can lead to loss of control of the movement's range of motion, causing sprains or dislocations. The principle of stabilisation is to slow down or prevent the performance of certain movements which could either cause a sprain or stop injured ligaments healing, without totally immobilising the joint.



Lumbar belt

Back pain and athletes and sportsmen/women

Athletes and sportsmen/women put their backs under extreme stress. Depending on the sport, the spine may be exposed to vibrations, repeated impacts or extreme postures.

The major difficulty in treating back pain in athletes and sportsmen/women is the lack of rest, required for recovery, particularly at competitive level.



Elastic ankle support ref. 0333



Proprioception:
compressive knitted fabric sheath.
Anatomical fit:
knit with long elasticity.
Evaporation of perspiration:
hydrophobic polyamide.

INDICATIONS:
Gentle support for fragile or painful joints
(mild sprains, etc.).



SIZES :

	S	M	L	XL	XXL
	19 - 20	21 - 22	23 - 24	25 - 27	28 - 30

Recovery socks

SIZES:

	Ankle measurement (CB)	1	2	3
		19 - 24	24 - 26	26 - 29
	ID < 37 cm	S normal	M normal	L normal
	ID > 37 cm	S long	M long	L long



Neoprene ankle support

ref. 0571



Thermal insulation: neoprene.
Stimulation of proprioception: elastic knit coating.

INDICATIONS:
Prevention of ligament injuries (sprains).
Resumption of activities after a sprain.
Weak ankle ligaments.

SIZES :

	S	M	L	XL
	19 - 20	21 - 22	23 - 24	25 - 27


Strapping ankle support ref. 0330



Perfect support for the ankle:
elastic straps.
Evacuation of perspiration:
perforated neoprene.
Anatomical fit:
adjustable tab.

INDICATIONS :
Prevention of ligament injuries (sprains).
Resumption of activities after a sprain.
Weak ankle ligaments.

SIZES :

	S	M	L	XL
	24 - 27	27,5 - 31	31,5 - 36,5	37 - 42

ref. 0339

Optimises recovery: medical principle of graduated compression from the ankle to the knee.

Comfort: Shaped instep and ultra-flat toe seams.

Antibacterial: use of polypropylene.

INDICATIONS:

Muscle recovery after exercise thanks to an acceleration in blood flow (oxygenation of muscles and action on toxins).

Prevention of heavy legs during long journeys (plane, train, coach, etc.).

Auto-strapping ref. 2100



Easy to use:

pre-shaped bandage
with fitting guide.

Perfect adjustment to movements:
bandage with long elasticity.

INDICATIONS:

Injuries: support, compression
and joint protection in the event
of sprains, dislocations or tendinitis.

ONE SIZE ONLY

Stabilizing ankle brace ref. 0350




Ankle support: combined action of lateral reinforcements and a rigid strap.

Comfort: use of breathable fabrics
and perfect fit inside a shoe.

Fitting: finger loops to make it easier to pull on.

INDICATIONS :
Prevention of sprains.
Resumption of activities
after a sprain.

SIZES :

	S	M	L
	27 - 30	31 - 36	37 - 42



SIZES :

	S	M	L	XL
cm	39 - 42	43 - 46	47 - 50	51 - 54

Elastic knee support ref. 0334

Proprioception:
compressive knitted fabric sheath.
Anatomical fit:
knit with long elasticity.
Evaporation of perspiration:
hydrophobic polyamide.

INDICATIONS :
Gentle support for fragile or painful joints
(mild sprains, etc.).

Thermal insulation: neoprene.
Stimulation of proprioception:
elastic knit coating.

INDICATIONS:
Prevention of ligament injuries (sprains).
Resumption of activities after a sprain.
Weak knee ligaments.



SIZES :

	S	M	L	XL	XXL
cm	29 - 31	32 - 34	35 - 37	38 - 40	41 - 43

Knee support ref. 0431

Proprioception:
compressive knitted fabric sheath.
Increased joint support:
lateral stays.

INDICATIONS:
Prevention of ligament injuries
(sprains).
Resumption of activities
after a sprain.
Weak knee ligaments.

Reinforced

Thermal insulation:
neoprene.
Stimulation of proprioception:
elastic knit coating.
Better joint support:
lateral stays.


INDICATIONS:
Prevention of ligament injuries (sprains).
Resumption of activities after a sprain.
Weak knee ligaments.

Strapping knee support

ref. 0331



SIZES :

 cm	S	M	L	XL	XXL
	31 - 33	34 - 36	37 - 39	40 - 42	43 - 45



Neoprene knee support

ref. 0573




STRAPPING

Ligament reinforcement: elastic straps.
Evacuation of perspiration: perforated neoprene.
Anatomical fit: adjustable tabs.

INDICATIONS :

Prevention of ligament injuries (sprains).
 Resumption of activities after a sprain.
 Weak knee ligaments.

SIZES :

 cm	S	M	L	XL
	32 - 36	37 - 40	41 - 44	45 - 48

Reinforced ligament knee brace


ref. 0335

knee support

ref. 0570



SIZES :

 cm	S	M	L	XL	XXL
	31 - 33	34 - 36	37 - 39	40 - 42	43 - 45




STABILISATION

Perfect knee support: bi-axial hinges.
Evaporation of perspiration: perforated neoprene.
Comfort: patellar guide and anti-tourniquet straps.

INDICATIONS:

Prevention of ligament injuries (sprains).
 Resumption of activities after a sprain.
 Weak knee ligaments.

SIZES :

 cm	S	M	L	XL	XXL
	31 - 33	34 - 36	37 - 39	40 - 42	43 - 45

Neoprene thigh support ref. 0572



Thermal insulation: neoprene.

INDICATIONS:

Muscle tears in the acute phase
or during the physiotherapy phase.
Muscle pulls. Muscle strains.

SIZES :

	S 44 - 48	M 49 - 53	L 54 - 58	XL 59 - 63
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Neoprene shoulder padding ref. 0576



Thermal insulation: neoprene.

Anatomical fit: elastic knit coating.

INDICATIONS :

Prevention of joint injuries.
Resumption of activities following the effects of injury.
Weakness of the shoulder joints.

SIZES :

	S 28 - 31	M 32 - 35	L 36 - 40
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Thumb strapping ref. 0332

Wrist/thumb support: elastic straps.
Evacuation of perspiration: perforated neoprene.
Anatomical fit: anatomical shapes.

INDICATIONS :
Prevention of ligament injuries (sprains).
Resumption of activity/exercise after sprain.
Fragile thumb ligaments.

SIZES :

	S	M	L
cm	14 - 15,5	16 - 17,5	18 - 20



Neoprene wrist support ref. 0575

Reinforced support: complete cover of the joint.
Thermal insulation: neoprene.
Anatomical fit: elastic knit coating.

INDICATIONS:
Tendonitis and sequel of wrist sprains.
Resumption of activities after a sprain.

ONE SIZE ONLY

Strapping wrist band ref. 0340

Reinforces the wrist:
strong compression strap.
Evaporation of perspiration:
breathable strap.
Anatomical fit: one size only.

INDICATIONS:
Prevention of ligament injuries.
Resumption of activities after injury.


ONE SIZE ONLY

Anti-epicondylitis elbow brace ref. 0336

Modular product:
prevention and acute pain.
Evaporation of perspiration:
perforated neoprene.
Anatomical fit:
anatomically-shaped cut-outs.

INDICATIONS:
Prevention of tendonitis
and tennis elbow.
Resumption of sports activities.

SIZES :

	S	M	L	XL
9 cm	22 - 24	22 - 27	28 - 30	31 - 33



Lumbar support belt

ref. 0360



Easy fitting and adjustment memory:
adjustable quick-fastening loops.
Instant analgesic effect:
Thuasne medical compression fabric.
Anatomical fit: stays respecting the natural curve of the spine.



INDICATIONS:
Prevention of painful posture and movements.
Resumption of activity/exercise after lumbago (back pain).

SIZES :

	S	M	L	XL	XXL
	60 - 70	71 - 86	87 - 102	103 - 121	121 - 140

THE OTHER PRODUCTS IN THE RANGE

protection



treatment



others products





© Rondeau/Presse Sports

Elastic shin pad support

ref. 0337

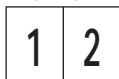
Comfortable: TIBTOP By Thuasne does not constrict blood circulation.

Effective: It guarantees optimum hold for shin pads.

Economical and practical: TIBTOP by Thuasne is machine-washable and reusable.

Can be customised: It is also possible to customise it with your name and player number...

SIZES :



White



SIZES :



Red



Black



ANKLE SUPPORTS

KNEE SUPPORTS

THIGH SUPPORT



COMPRESSION



REF 0333



REF 0334



REF 0431



COMPRESSION +



REF 0571



REF 0573



REF 0570



REF 0572



STRAPPING



REF 0330



REF 0331



STABILISATION



REF 0350



REF 0335

LUMBAR COMPRESSION

THUMB-WRIST SUPPORTS



REF 0575

ELBOW SUPPORT



REF 0576

SHOULDER PADDING



REF 0340



REF 0332



REF 0336

BELT



REF 0360

SOCKS





The breast is a fragile organ, supported almost entirely by the skin. Since stretching of the skin is irreversible, it is essential to limit stresses as much as possible and therefore the risks of long-term damage.

THUASNE SPORT

SUPPORTS YOUR EFFORTS

As a specialist in support and medical compression, Thuasne puts its expertise and experience to work for the benefit of athletes and sportsmen/women.

THUASNE SPORT UNDERWEAR is designed with the help of scientists and its performance is tested in the laboratory.

It benefits from the latest textile innovations and is tested by sportsmen and women, to ensure that it provides support and optimum comfort during exercise.

When running, your bust is subjected to very marked accelerations, equivalent to up to 8 times the force of gravity. The range of motion can be as much of 10 cm. These bust movements are painful and lead to a loss of energy and performance.



top'strap®

PROTECT YOUR BUST... CONCENTRATE ON THE RACE.



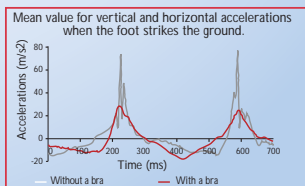
The Top'Strap concept

To limit upward bounce of the breast and vertical accelerations, the Top'Strap bra has a reinforced compression band located on the upper part of the bust. The centre of inertia is therefore closer to the body, in turn limiting the stresses exerted on the breasts. The breasts are perfectly supported without being crushed, for absolute comfort.

The support band extends towards the sides to control outward movements. The lower part consists of 2 half-cups made of compression fabric and a rigid zone between the breasts to position and support each breast. A moulded integral lining eliminates any risk of friction and irritation.

Absorbs up to two thirds of vertical and horizontal accelerations. Study by Professors Geysant and Belli.

July 2002 and September 2003
Jean Monnet University – Scientific and medical Research Laboratory EA 30162



THUASNE
SPORT
Underwear



polyester 57 %
polyamide 36 %
elastane 7 %

FORCE 2 bra

ref. 0716

Support: double-thickness moulded cups.
Thermoregulation: back insert and shoulder straps in moisture-transferring fabric.

Softness: Meryl® microfibre fabric.

SIZES				
F	85	90	95	100
EUR	70	75	80	85
UK-USA	32	34	36	38
Cups	B - C - D	B - C - D	B - C - D	C - D

Support:
specific vertical
and horizontal cuts.

Comfort: seamless lined cups
to eliminate friction.

Softness: Meryl® microfibre fabric.



polyamide 88 %
elastane 12 %

FORCE 2 bra

ref. 0710

Comfort: seamless moulded cups
to eliminate friction.

Easy to put on: front fastening.

Breathable: Open-mesh back and sides.

SIZES					
F	80	85	90	95	100
EUR	65	70	75	80	85
UK-USA	30	32	34	36	38
Cups	B	A - B - C	B - C - D	B - C - D	C - D

Support: Top'Strap® support band
above the bust.

Softness and comfort: Meryl® microfibre fabric
and seamless lined cups.

Thermoregulation: back insert and shoulder straps in moisture-transferring fabric.



Cups	A	Force 2	Force 3
	B	Force 2	Force 3
	C	Force 2	Force 3
	D	Force 3	



FORCE 3 bra ref. 0711

polyamide 82 %
elastane 18 %

SIZES					
F	80	85	90	95	100
EUR	65	70	75	80	85
UK-USA	30	32	34	36	38
Cups	B	A - B - C	B - C - D	B - C - D	C - D



FORCE 3 bra ref. 0717

polyamide 47 %
polyester 46 %
elastane 7 %

SIZES					
F	85	90	95	100	
EUR	70	75	80	85	
UK-USA	32	34	36	38	
Cups	B - C - D	B - C - D	B - C - D	C - D	

Force 2 or 3 ?
Choose the bra that suits
your body shape and your sport.

polyamide 68 %
colton 17 %
elastane 15 %



ref. 0732 **Sports thong**

Support: wide elastic band at the waist.
Softness: Meryl® microfibre fabric.
Comfort: flat seams and ultra-flat edges.

SIZES				
Tailles	1	2	3	4
F	38	40	42	44
EUR	36	38	40	42
UK-USA	S	M	L	XL



polyamide 76 %
elastane 17 %
colton 7 %

ref. 0734 **Sports pants**

Support: wide elastic band on the hips.
Softness: Meryl® microfibre fabric.
Comfort: flat seams and ultra-flat edges.

SIZES				
Tailles	1	2	3	4
F	38	40	42	44
EUR	36	38	40	42
UK-USA	S	M	L	XL



OPT FOR LIGHTNESS
AND FREEDOM OF MOVEMENT
WITH SEAMLESS TECHNOLOGY...

THUASNE
SPORT
underwear


ref. 0527

FORCE 3 sports boxers

Level 3 support: pre-shaped lined protective cup.

Comfort: ultra-flat seams and cotton feel.

Thermoregulation: Coolmax® and Supplex® fibres to transfer moisture.

SIZES		S	M	L	XL	XXL
		74 - 82	82 - 90	90 - 98	98 - 106	106 - 116
	cm					



polyamide 71 %
polyester 19 %
elastane 10 %

ref. 0762


FORCE 3 sports shorty

Level 3 support: pre-shaped lined protective cup.

Comfort: ultra-flat seams

and a cut allowing freedom of movement.

Thermoregulation: Coolmax® fibres to transfer moisture.

SIZES		S	M	L	XL	XXL
		74 - 82	82 - 90	90 - 98	98 - 106	106 - 116
	cm					



polyester 85 %
elastane 15 %

Sports briefs



Performance running


ref. 0427

Optimum hold during exercise for greater security.

Evaporation of perspiration:

antibacterial fibre and special knit.

Seamless: guaranteeing total comfort.

SIZES		S	M	L	XL
		74 - 82	82 - 90	90 - 98	98 - 106
	cm				

polypropylene 95 %
elastane 5 %

ref. 0426

FORCE 3 sports briefs


Level 3 support: elastane 12%

Comfort: Tanga cut for a better range of motion for the legs. Extra-flat seams.

Thermoregulation:

double-faced technical fabric

in Coolmax® cotton for better moisture transfer.

SIZES		1	2	3	4	5	6
		S	S/M	M	L	L/XL	XL
	cm	68 - 74	74 - 82	82 - 90	90 - 98	98 - 106	106 - 116



polyester 47 %
polyamide 41 %
elastane 12 %

CoolMax®
with LCRA

DuPont
SUPPLEX®

Market manager

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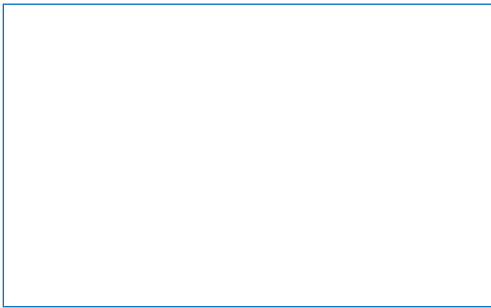


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underwear